

SOUTHERN TIER SWIM LEAGUE DEVELOPMENTAL MEET SCHEDULE
EASTERN DIVISION
SUMMER 2010

MEET # 1	Sat. June 5	AT: Owego Free Academy	HOST: GOST
SESSION 1:		WARM-UPS: 9:00 AM	MEET: 9:45 AM
GIRLS	EVENTS		BOYS
1	8&UNDER	100 FREE RELAY	
2	10&UNDER	200 FREE RELAY	(RELAYS MAY BE CO-ED)
3	8&UNDER	25 BACK	4
5	10&UNDER	50 BACK	6
7	8&UNDER	25 FREE	8
9	10&UNDER	50 FREE	10
11	8&UNDER	25 BREAST	12
13	10&UNDER	50 BREAST	14

SESSION 2		WARM UPS: 1:00 PM	MEET: 1:45 PM
GIRLS	EVENTS		BOYS
15	SENIOR & 13&14	200 FREE RELAY	
16	11&12	200 FREE RELAY	(RELAYS MAY BE CO-ED)
17	SENIOR & 13&14	100 BACK	18
19	11&12	50 BACK	20
21	SENIOR & 13&14	100 FREE	22
23	11&12	50 FREE	24
25	SENIOR & 13&14	100 BREAST	26
27	11&12	50 BREAST	28
29	SENIOR & 13&14	100 FLY	30
31	11&12	50 FLY	32

MEET # 2	Sat. June 12	AT: Chenango Valley High School	HOST: CVSC
SESSION 1		WARM-UPS: 9:00 AM	MEET: 9:45 AM
GIRLS	EVENTS		BOYS
33	10&UNDER	200 MEDLEY RELAY	
34	8&UNDER	100 MEDLEY RELAY	(RELAYS MAY BE CO-ED)
35	10&UNDER	50 FLY	36
37	8&UNDER	25 FLY	38
39	10&UNDER	100 IM	40
41	8&UNDER	50 FREE	42
43	10&UNDER	100 BACK	44
45	8&UNDER	25 BACK	46
47	10&UNDER	200 IM	48
49	8&UNDER	50 BACK	50

SESSION 2		WARM UPS: 1:00 PM	MEET: 1:45 PM
GIRLS	EVENTS		BOYS
51	11&12	200 MEDLEY RELAY	
52	SENIOR & 13&14	200 MEDLEY RELAY	
53	SENIOR & 13&14	200 BREAST	54
55	11 & 12	100 BREAST	56
57	SENIOR & 13&14	200 IM	58
59	11&12	100 IM	60
61	SENIOR & 13&14	100 BREAST	62
63	11&12	100 FREE	64
65	SENIOR & 13&14	200 FREE	66

MEET # 3 10&UNDER Wed. June 23 AT: Whitney Point High School HOST: WPSC

WARM-UPS: 5:15 PM MEET: 6:00 PM

GIRLS	EVENTS	BOYS
67	10&UNDER 50 BREAST	68
69	8&UNDER 25 BREAST	70
71	10&UNDER 100 IM	72
73	8&UNDER 100 IM	74
75	10&UNDER 100 BREAST	76
77	8&UNDER 50 BREAST	78
79	10&UNDER 100 FREE	80
81	8&UNDER 25 FREE	82
83	10&UNDER 50 BACK	84
85	8&UNDER 25 BACK	86
87	10&UNDER 100 FLY	88

MEET # 4 11 & OVER Wed. July 7 AT: Whitney Point High School HOST: WPSC

WARM-UPS: 5:15 PM MEET: 6:00 PM

GIRLS	EVENTS	BOYS
89	11&12 200 FREE RELAY	
90	SENIOR & 13&14 200 FREE RELAY	
91	11&12 200 IM	92
93	SENIOR & 13&14 400 IM	94
95	11&12 100 BACK	96
97	SENIOR & 13&14 200 BACK	98
99	11&12 100 FLY	100
101	SENIOR & 13&14 100 FLY	102
103	11&12 50 FREE	104
105	SENIOR & 13&14 50 FREE	106
107	11&12 50 BREAST	108
109	SENIOR & 13&14 200 FLY	110

DISTANCE MEET Sat. Wed. July 14 ALL AGE GROUPS

AT: Owego Free Academy HOST: GOST

GIRLS	WARM-UPS: 5:15 PM	MEET: 6:00 PM	BOYS
	EVENTS		
111	10 & UNDER	200 FREE	112
113	SENIOR	400 FREE	114
115	SENIOR	800 FREE	116
117	SENIOR	1500 FREE	118

STSL CHAMPIONSHIP MEET

DATE: Sat. July 31, 2010

AT: Chenango Forks High School HOST: CAGO

SESSION I 9&10, 11&12 WARM UPS: TBA MEET: TBA

SESSION II 13&OVER, 8&UNDER WARM UPS: TBA MEET: TBA

**Start times will be in champ meet info; number of sessions depends on number of entries