



SWIM TEAM

FOR YOUTH DEVELOPMENT, FOR
HEALTHY LIVING, FOR SOCIAL RESPONSIBILITY

SWIMMERS WANTED

Boys & Girls - Ages 5 to 18

All Abilities!

Join the *Cortland YMCA Stingers Swim Team*

Fall Season: early Sept - early April

Summer Season: early May - early August

**Fall 2011 Season Starts
Monday, September 12, 2011**

Try your first week FREE!

"Age Group" Competitive Swimming

It's a great sport & no one sits the bench! You'll develop great swimming skills!
It will keep you in great shape! You'll meet terrific friends!

Practice times:

Blue Group Ages 5-12: Monday thru Thursday evenings 6:30 – 7:30 PM

Gold Group Ages 13-18: Monday & Wednesday evenings 7:30 – 9:00 PM;

Tuesday & Thursday evenings 5:00 – 6:30 PM

Combined, Saturday Morning 8 – 10 AM, 9 – 10 AM for younger swimmers

Location for all practices: the Cortland YMCA's Pool

YMCA Membership and Stingers Team Fees Required. Scholarships are available.



Visit us at: www.thestingers.org

